

TEAM BUILDING ACTIVITIES



Program

Trans Serrano organizes team-building programs adapted to the objectives of each company or group and combined with accommodation and meals in various hotel units in the region and in the country.

We describe some possible programs that can be done in specific locations or adapted to the locations that are requested:

PROPOSAL 1

ORIENTEERING WITH TOPOGRAPHIC CHARTER: proof of orienteering with military map, compass and technical support. Activity that promotes group cohesion, strategy and role definition, as well as having an important role in the analysis of communication and interpersonal relationships. Gentle activity adapted to the physical level of the group. Duration 3 to 4 hours.

PROPOSAL 2

CHALLENGER - multi-activity with rope slide, abseiling, archery, zip lines, canoeing and mountain biking in which the group is divided into teams. Each team has to decipher the messages leading to the respective post. All activities require teamwork, good communication or effective communication and leadership. Duration 6 hours.

PROPOSAL 3

TEAM-BUILDING to promote the team, motivation, communication, leadership and conflict management. Using activities and games such as canoeing, rope rising, rope maze, skis game, tube game, human caterpillar and others to be defined. Duration 3 to 4 hours

Accommodation and meals

We have agreements with hotels in the Center region: Arganil, Buçaco, Condeixa, Coimbra, Curia, Góis, Lousã, Luso, Penacova, among others. We can present a proposal based on these hotels, with meals and activities included, and meals can be in a restaurant or outdoors.

Registration

For the registration to be complete must be provided the name and phone number of the person leading the group. Also, a payment of 50% is required up to 5 days in advance using IBAN: PT50004534534027764108953 (proof of payment must be sent to geral@transserrano.com). A list with the complete names and birthdates of all participants must be sent by e-mail up to 2 days in advance (geral@transserrano.com).

Others programs available

You can find more programs on our website www.transserrano.com, or social network: facebook - <https://www.facebook.com/TransSerranoAventura/> or Instagram - https://www.instagram.com/trans_serrano/



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Associated to
TURISMO DE
PORTUGAL
ARPT Centro de Portugal

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Further information

© **Insurance is included to the final price:** a) personal accident insurance - includes death's coverage or permanent disability - 20.000€ and treatment costs - 3.500€ (insurance policy 202126631, Allianz Portugal); b) **civil liability insurance** - includes 75.000€ coverage per incident (insurance policy 203249524, Allianz Portugal).

© **Add to the presented prices the current legal IVA Tax.**

© **Trans Serrano may cancel or change the activity if the weather, fitness of the participants or other conditions put in danger the safety of the group.**

© If, without any notification, the group does not appear or, in case of cancellation, 24 hours before the activity, Trans Serrano reserves the right to withhold or demand payment of 50% of the activity price.

© In the event of a dispute, the consumer can use the CACRC (Centro de Arbitragem de Conflitos de Consumo da Região de Coimbra), on the website www.centrodearbitragemdecoimbra.com, head office at Av. Fernão Magalhães, N.º 240, 1º, 3000-172 COIMBRA, phone number +351 239 821 690, email gera@centrodearbitragemdecoimbra.com or or directly at the [Online Complaint Book](#). More information on the consumer portal www.consumidor.gov.pt.



TRANS SERRANO TAKES YOU...



...WHERE NO ONE ELSE TAKES!



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