



Poço da Cesta, Casal Novo, Arganil



Aquatic Hike

From
20€

Description

Water walk along the Ceira riverbed. This river has a well-preserved riparian gallery. It begins at the preserved Quinta da Mata, in Poço da Mata. The route includes passing and crossing some dams and rocks through more than 6 jumps from 2m to 10m. Along the route, it is possible to see some species of fauna and flora from the region. Some toboggans can only be done at heights with higher flows. The route ends at the famous Poço da Cesta, where it is possible to perform several jumps of up to 10m and it is also possible to do apnea. This activity is a gentler form of canyoning, allowing you to get started with the sport. Requires some dexterity and physical resistance.

Duration: About 3/4 hours.

Meeting point: 10h Casal Novo, Arganil

Coordinates: <https://goo.gl/maps/bAmF2CXemjnYn6Db6>

Price

Price per person:

- Booking over 4 paxs: 35€
- Booking over 6 paxs: 30€
- Booking over 10 paxs: 25€
- Booking over 30 paxs: 20€

Includes insurance, transfer of participants between the beginning and the end of the activity, equipment and monitors.

Minimum number of participants: 4.

We offer 1 free for each booking of 25 participants.

Logistics

This activity requires shuttle services, in the company's own vehicle between the beginning and the end points (about 2km), which will be explained and accompanied by the guides, on the day itself.

Enrollment

For the registration to be complete must be provided the name and phone number of the person leading the group. Also, a payment of 50% is required up to 5 days in advance using IBAN: **PT50004534534027764108953** (proof of payment must be sent by email). A list with the full names and birthdates, as well as body sizes (height and weight) for the wetsuits and foot size for the neoprene socks, of all participants, must be sent by e-mail up to 2 days in advance (geral@transserrano.com).

Recommendations and what to bring

Must bring water and light lunch: sandwiches, fruit, energy bars, nuts. It is mandatory to be equipped with strong shoes to walk in the water: sneakers or boots with thick and rough soles, preferentially with ankle protection (do not bring sandals or wet shoes). Footwear is on the participants' responsibility. Lycra sweater (thermal) can be worn (underneath the wetsuit). The guides will provide waterproof backpacks to carry the participants' lunch, although due to its size, it must be a moderate quantity. We recommend that participants have something to eat before the activity, so they do not have to carry so much weight. Also, the use of sunscreen is recommended. Whoever wears prescription goggles should apply a lanyard for these to be safer.

Other Conditions

- Insurance is included to the final price: **a) personal accident insurance** - includes death's coverage or permanent disability - 20.000€ and treatment costs - 3.500€ (insurance policy 202126631, Allianz Portugal); **b) civil liability insurance** - includes 75.000€ coverage per incident (insurance policy 203249524, Allianz Portugal).
- **Add to the presented prices the current legal IVA Tax.**
- Trans Serrano may cancel or change the activity if the weather, fitness of the participants or other conditions put in danger the safety of the group.
- If, without any notification, the group does not appear or, in case of cancellation, 24 hours before the activity, Trans Serrano reserves the right to withhold or demand payment of 50% of the activity price.
- In the event of a dispute, the consumer can use the CACRC (Centro de Arbitragem de Conflitos de Consumo da Região de Coimbra), on the website www.centrodearbitragemdecoimbra.com, head office at Av. Fernão Magalhães, N.º 240, 1.º, 3000-172 COIMBRA, phone number +351 239 821 690, email geral@centrodearbitragemdecoimbra.com or or directly at the Online Complaint Book. More information on the consumer portal www.consumidor.gov.pt.

Lunch Options

Individual lunch:

Individual bag with 1 mini meat pie, 1 bar, 1 fruit, 1 water. Price per person: 3.5€ (minimum of 10 payers).

Restaurant meal (Góis):

Menu with soup, main plate, dessert, drinks and coffee. Ask us for available menus and prices.



www.transserrano.com



www.instagram.com/trans_serrano/?hl=pt



<https://www.facebook.com/TransSerranoAventura>



Trans Serrano - Aventura, Lazer e Turismo, Lda
Bairro S. Paulo, 2 - 3330-304 Góis | NIF: 504 600 478
Tel: 00 351+ | 235 778 938 | 966 217 787 | 961 787 772
geral@transserrano.com
www.transserrano.com | www.idadedeouro.pt
RNAAT24 | RNAVT3925

Associated to:

TURISMO DE PORTUGAL
ARPT Centro de Portugal

