



# AQUATIC HIKE

## Alva River

Coja, Arganil

### DESCRIPTION

This section of the **Alva River** takes place in a naturally beautiful setting. The activity begins at **Praia Fluvial dos Moinhos do Alva**, one of the most iconic spots in the region.

The route follows the **riverbed**, **crossing small weirs** and including between **three and five optional jumps**, with heights ranging approximately from **1 to 6 meters**. Along the descent, there are also **two artificial slides**: one in a channel of about **15 meters** and a second slide of about **3 meters**.

Midway through the route, participants pass by **Praia Fluvial do Caneiro de Côja**. The activity ends at **Açude das Rabças**, with the final jumps and slide, followed by a **short walk to exit the valley**.

The entire route is **highly optional**, with **all obstacles being optional**, making this activity ideal as an introduction to canyoning. **It requires some agility and physical endurance**, providing a balanced experience of adventure, water, and contact with nature. **Minimum age**: 8 years.

### PRICE

Price per person (pricing by reservation):

- 4 participants: **€35**
- 6 participants: **€30**
- 10 participants: **€25**
- 40 participants: **€20**

Minimum operating fee: €140.

### LOGISTICS

**Duration**: Approximately 3–4 hours.

**Meeting point**: 10:00 a.m. at Praia Fluvial dos Moinhos do Alva

**GMaps**: <https://goo.gl/maps/bAmF2CXemjnYn6Db6>

The meeting point does not have changing facilities.

The transfer to the start of the activity (2 km) is provided by us.

### What to bring?

Water and a snack or light lunch. Swimsuit, a change of clothes, flip-flops, and a towel. Footwear suitable for walking in the water (trainers or sneakers with thick soles; sandals and neoprene/kayaking shoes are not allowed).

It is recommended to eat something before the activity, bring sunscreen, and, in the case of prescription glasses, use a safety strap. The organization provides backpacks with waterproof containers for small personal items when needed.

### Lunch/Food

Contact us directly to receive lunch options at a restaurant, catering services, or pre-prepared snacks to complement your activity!

### BOOKING

You can make your reservation directly on our **website** [www.transserrano.com](http://www.transserrano.com) by **Email** [geral@transserrano.com](mailto:geral@transserrano.com) or **WhatsApp** [+351 961 787 772](https://api.whatsapp.com/send?phone=351961787772).

We always require the **full name**, **contact number** and **email address** of the person responsible for the booking.

For institutions or companies, a 50% deposit is required up to 5 days before the activity, payable to **IBAN PT50 0045 3453 4027 7641 08953**, with proof of payment sent by email.

### INCLUDED

- ✓ Neoprene wetsuit
- ✓ Neoprene socks
- ✓ Helmet
- ✓ Harness
- ✓ Transfer
- ✓ Monitoring/Safety
- ✓ Photo record (offered)

### Conditions

▶ Prices include insurance, as described on our website: [www.transserrano.com/seguro](http://www.transserrano.com/seguro)

▶ **VAT at the current legal rate (23%) will be added to the prices shown.**

▶ Trans Serrano reserves the right to cancel or modify the activity whenever weather conditions, physical conditions or other factors may compromise participants' safety.

▶ In case of no-show or cancellation within 24 hours prior to the activity, without prior notice, Trans Serrano reserves the right to retain or charge 50% of the activity fee.

▶ For more information and conditions, please visit: [www.transserrano.com/condicoes](http://www.transserrano.com/condicoes)



Adrenaline in nature!



Ideal for groups!



Jumps up to 6 m