

AQUATIC HIKE

Poço da Cesta



Casal Novo, Arganil

From
20€

DESCRIPTION

This section of the **Ceira River** unfolds in a **well-preserved natural environment**, characterized by a **dense riparian forest** and **crystal-clear waters**. The activity begins at **Quinta da Mata**, at **Poço da Mata**, a peaceful location of **great scenic value**.

Throughout the route, participants move along the riverbed, **overcoming small weirs and rocky formations**, with more than **six optional jumps** ranging from **2 to 10 meters** in height, always depending on river conditions and the characteristics of the group. During periods of higher water flow, it is also possible to **experience natural slides/rapids**. Along the walk, it is common to observe **wildlife and plant** species typical of the region. The route ends at the **emblematic Poço da Cesta**, one of the **best-known spots** on the **Ceira River**, where there are **several jumping options** of up to around **10 meters** and the opportunity to practice free diving.

This activity is a **gentler form of canyoning**, ideal for **beginners**, combining **adventure, water, and nature**. It requires a certain level of agility and physical endurance. **Minimum age: 8 years**.

PRICE

Price per person (pricing by reservation):

- 4 participants: **35€**
- 6 participants: **30€**
- 10 participants: **25€**
- 40 participants: **20€**

Minimum required for operation: 140€.

LOGISTICS

Duration: Approximately 3–4 hours.

Meeting point: 10 am in Casal Novo, Arganil

GMaps: <https://goo.gl/maps/bAmF2CXemjnYn6Db6>

The meeting point does not have changing rooms.

The transfer to the start of the activity (2 km) is our responsibility.

What to bring?

Water and a snack or light lunch. Swimsuit, a change of clothes, flip-flops, and a towel. Footwear suitable for walking in the water (trainers or sneakers with thick soles; sandals and neoprene/kayaking shoes are not allowed).

It is recommended to eat something before the activity, bring sunscreen, and, in the case of prescription glasses, use a safety strap. The organization provides backpacks with waterproof containers for small personal items when necessary.

Lunch/Food

Contact us directly to receive lunch options at a restaurant, catering services, or pre-prepared snacks to complement your activity!

BOOKING

You can make your reservation directly on our **website** www.transserrano.com by **Email** geral@transserrano.com or **WhatsApp** [+351 961 787 772](https://wa.me/351961787772).

We always require the full name, contact number and email address of the person responsible for the booking.

*For institutions or companies, a 50% deposit is required up to 5 days before the activity, payable to **IBAN PT50 0045 3453 4027 7641 08953**, with proof of payment sent by email.*

INCLUDED

- ✓ Neoprene wetsuit
- ✓ Neoprene socks
- ✓ Helmet
- ✓ Harness
- ✓ Transfer
- ✓ Monitoring/Safety
- ✓ Photo record (offered)

Conditions

▶ Prices include insurance, as described on our website: www.transserrano.com/seguro

▶ **VAT at the current legal rate (23%) will be added to the prices shown.**

▶ Trans Serrano reserves the right to cancel or modify the activity whenever weather conditions, physical conditions or other factors may compromise participants' safety.

▶ In case of no-show or cancellation within 24 hours prior to the activity, without prior notice, Trans Serrano reserves the right to retain or charge 50% of the activity fee.

▶ For more information and conditions, please visit: www.transserrano.com/condicoes



Adrenaline and adventure!



Ideal for groups!



Jumps up to 10 m