

# CANOEING

## Alva River

### Fronhas Dam - Moura Morta



BEST SELLER

From  
**17€**

### DESCRIPTION

Canoeing descent of **Alva River** in a section of approximately **5 to 6 km**, between the **Fronhas Dam** and the **Moura Morta River Beach**, in the municipality of Vila Nova de Poiares. This section **features several rapids** and a **weir crossing**, providing a dynamic descent.

Although it **does not present demanding technical passages**, it **requires some physical fitness** and dexterity, as contact with the water is frequent. **Prior canoeing experience is recommended.**

**Recommended season:** all year round

**Difficulty:** easy

### PRICE

Price per person:

- 10 participants: **23,5€**
- 15 participants: **21€**
- 30 participants: **19€**
- 50 participants: **17€**

*Minimum required for operation: 235€.*

*One free ticket is offered for every booking of 25 paying guests.*

### BOOKING

You can make your reservation directly on our **website** [www.transserrano.com](http://www.transserrano.com) by **Email** [geral@transserrano.com](mailto:geral@transserrano.com) or **WhatsApp** [+351 961 787 772](https://www.whatsapp.com/business/profile/351961787772).

*We always require the full name, contact number and email address of the person responsible for the booking.*

*For institutions or companies, a 50% deposit is required up to 5 days before the activity, payable to **IBAN PT50 0045 3453 4027 7641 08953**, with proof of payment sent by email.*

### Conditions

▶ Prices include insurance, as described on our website: [www.transserrano.com/seguro](http://www.transserrano.com/seguro)

▶ **VAT at the current legal rate (23%) will be added to the prices shown.**

▶ Trans Serrano reserves the right to cancel or modify the activity whenever weather conditions, physical conditions or other factors may compromise participants' safety.

▶ In case of no-show or cancellation within 24 hours prior to the activity, without prior notice, Trans Serrano reserves the right to retain or charge 50% of the activity fee.

▶ For more information and conditions, please visit: [www.transserrano.com/condicoes](http://www.transserrano.com/condicoes)

### LOGISTICS

**Duration:** about 3 hours.

**Meeting point:** 9:30am in Fronhas Dam.

**GMaps:** <https://maps.app.goo.gl/zHo2Sh7NvsiCERe8>

A monitor will meet the group and guide them to the start of the activity, and they should bring the necessary equipment.

The drivers will follow behind our guide to drop off the vehicles at the final stop, then return in our vehicle.

### INCLUDED

- ✓ Canoeing equipment
- ✓ Insurance
- ✓ Monitoring
- ✓ Transportation or drivers between the end and beginning
- ✓ Photographic record (free)

### What to bring?

Clothing appropriate for the season and daytime conditions. In summer, bring a hat, sunscreen, light clothing, water, a light lunch, closed sandals or shoes that can get wet (do not wear flip-flops), dry clothes, and a towel. In winter, bring a swimsuit and lycra to wear under the neoprene suit, old shoes if you are not using neoprene boots, water, a light lunch, dry and warm clothes, and a towel.

### Almoço

Each participant must bring their own packed lunch. We recommend sandwiches, energy bars, etc.

Alternatively, contact us directly to receive lunch options from restaurants, catering, or pre-made snacks to complement your activity!

### Recomendações

During periods of higher water flow, the descent depends on an assessment on the day itself and may be cancelled. Participation is not recommended for those under 16 years of age in autumn and winter. Glasses must have a safety cord. It is not recommended to bring electronic equipment; valuables should be kept in a backpack and nothing should be visible in the vehicles.



Perfect for large groups!



Fast waters!



Adventure in the river!