



# CANYONING

## Rio Teixeira Serra da Arada

Desde  
**47,5€**

### DESCRIPTION

This activity consists of descending the **Teixeira River** on foot, using **jumps** into the water, **natural slides**, **sledding**, **rappelling**, and **aquatic crossings**. Considered one of the **best-known** and **most sought-after canyoning routes** in the country, this course is distinguished by its strong aquatic component and the diversity of obstacles. The surroundings are marked by **imposing rocky cliffs** and **deep, spectacular pools**. In some sections, the river seems to disappear, running under the rocks, only to reappear in the form of **waterfalls** or **natural lagoons**.

The activity begins with a short walk alongside a water conduit to the start of the canyoning. The route begins with **two consecutive rappels**, of approximately **25 and 35 meters**, followed by a **wide and deep pool** with a drop of approximately **4 meters**, which can be crossed via a slide or by jumps of different heights. Further on, the river enters a narrower area with **schist cliffs**, where the last drop of the route appears, which can be overcome by **jumping or rappelling about 15 meters**, ending in a long, deep pool.

**Recommended season:** spring and summer (May to September).  
**Minimum age:** 12 years.

### PRICE

Price per person (per booking):

- 6 participants: **55€**
- 12 participants: **50€**
- 20 participants: **47,5€**

Minimum required for operation: 330€.

### BOOKING

You can make your reservation directly on our **website** [www.transserrano.com](http://www.transserrano.com) by **Email** [geral@transserrano.com](mailto:geral@transserrano.com) or **WhatsApp** [+351 961 787 772](https://wa.me/351961787772).

We always require the full name, contact number and email address of the person responsible for the booking.

For institutions or companies, a 50% deposit is required up to 5 days before the activity, payable to **IBAN PT50 0045 3453 4027 7641 08953**, with proof of payment sent by email.

### Conditions

- ▶ Prices include insurance, as described on our website: [www.transserrano.com/seguro](http://www.transserrano.com/seguro)
- ▶ **VAT at the current legal rate (23%) will be added to the prices shown.**
- ▶ Trans Serrano reserves the right to cancel or modify the activity whenever weather conditions, physical conditions or other factors may compromise participants' safety.
- ▶ In case of no-show or cancellation within 24 hours prior to the activity, without prior notice, Trans Serrano reserves the right to retain or charge 50% of the activity fee.
- ▶ For more information and conditions, please visit: [www.transserrano.com/condicoes](http://www.transserrano.com/condicoes)

### LOGISTICS

**Duration:** about 4/5 hours.

**Meeting point:** 9h, Largo das Carvalhinhas, S João da Serra.

**GMaps:** <https://maps.app.goo.gl/kkxbfQKSZSnEDNoP8>

This activity requires transfers between the starting and ending points (approximately 1km), which will be explained and supervised by the instructors on the day itself.

### INCLUDED

- ✓ Neoprene Suit
- ✓ Neoprene Socks
- ✓ Helmet
- ✓ Technical canyoning equipment
- ✓ Buoyancy vest (ask for it)
- ✓ Photographic record (free)
- ✓ Guides and insurance included

### What to bring?

Water and a light snack or lunch. Swimsuit, change of clothes, flip-flops and towel. Footwear suitable for walking in the water (sneakers or shoes with thick soles; sandals and neoprene/canoe shoes are not allowed).

It is recommended to eat something before the activity, bring sunscreen and, if wearing prescription glasses, use a safety cord. The organization provides backpacks with waterproof containers for small items, when necessary.

### Food/Lunch

Contact us directly to receive lunch options from restaurants, catering, or pre-made snacks to complement your activity!

