



# MONDEGO WALKWAYS



From  
25€

## Videmonte - Mizarela

### DESCRIPTION

Guided walking tour along the **Mondego walkways**, in one of the **most emblematic stretches** of the upper **Mondego River valley**, between **Videmonte** and **Mizarela**, with the possibility of extending to the **Caldeirão Dam**. This **10 to 12 km** route follows the river in a **well-preserved natural environment**, crossing areas of **suspended walkways**, **riverside trails**, **suspension bridges** and areas of **great scenic and geological interest**.

Throughout the walk, participants are accompanied by our guides, who ensure the well-being and safety of the group and the understanding of the territory. In more demanding areas of the walkways, or whenever necessary, **there is a support vehicle to carry out occasional transfers or support any dropouts**, ensuring a comfortable and accessible experience.

The route is **mostly linear and downhill**, with **moderate slopes**, and allows for a **peaceful experience of the Mondego Valley**, being suitable for those seeking contact with nature and stunning landscapes.

### PRICE

Price per person (per booking):

- 10 participant: **30€**
- 20 participant: **25€**
- Minimum required for operation: **150€**.

### LOGISTICS

Duração: 5h.

Ponto de encontro: 9h30 em Videmonte.

GMaps: <https://maps.app.goo.gl/znhTzrNo1Q8vN7Py5>

### What to bring?

You should bring water and a light lunch (sandwiches and fruit). Clothing and footwear appropriate to the weather conditions of each season are recommended, prioritizing lightweight, thermal and breathable clothing, waterproof or windproof clothing, comfortable hiking boots, a hat for sun protection, and trousers that allow good mobility. In colder weather, there may be snow at the highest points of the route.

### Food/Lunch

Contact us directly to receive lunch options from restaurants, catering, or pre-made snacks to complement your activity!

### BOOKING

You can make your reservation directly on our **website** [www.transserrano.com](http://www.transserrano.com) by **Email** [geral@transserrano.com](mailto:geral@transserrano.com) or **WhatsApp** [+351 961 787 772](tel:+351961787772).

We always require the full name, contact number and email address of the person responsible for the booking.

For institutions or companies, a 50% deposit is required up to 5 days before the activity, payable to **IBAN PT50 0045 3453 4027 7641 08953**, with proof of payment sent by email.

### INCLUDED

- ✓ Tickets for the walkways
- ✓ Vehicle support along the route
- ✓ Guided tour
- ✓ Landscape and historical interpretation
- ✓ Personal accident insurance
- ✓ Local guide
- ✓ Photographic record (free)

### Conditions

► Prices include insurance, as described on our website: [www.transserrano.com/seguro](http://www.transserrano.com/seguro)

► **VAT at the current legal rate (23%) will be added to the prices shown.**

► Trans Serrano reserves the right to cancel or modify the activity whenever weather conditions, physical conditions or other factors may compromise participants' safety.

► In case of no-show or cancellation within 24 hours prior to the activity, without prior notice, Trans Serrano reserves the right to retain or charge 50% of the activity fee.

► For more information and conditions, please visit: [www.transserrano.com/condicoes](http://www.transserrano.com/condicoes)



Route of 10 or 12km



Best landscapes of the Serra da Estrela!



Walkways and suspension bridges!

